



# Elementary News...

January 2020

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## This Month at a Glance

### Important Dates

- January 6
  - January 14
  - January 20
  - January 27
- BOE Meeting
  - PTO Meeting
  - No School - Martin Luther King Jr. Day
  - BOE Meeting

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# A Message from Ms. Guidry


Welcome back families and Happy New Year! Today, we welcomed students back and our hallways were once again filled with excitement. Students eagerly greeted classmates and friends sharing stories of all their winter break adventures! Traditionally, as we all know, the new year signifies a time for fresh starts and renewed commitments. This week's words of wisdom, read aloud during morning announcements, asks students to reflect on the goals they set in September and celebrate their progress so far! Coupling that with this month's theme of persistence, we encourage students to see each day as an opportunity to keep achieving their goals. We encourage you to continue this conversation with your student at home. Helping children identify small and large goals supports the development of a growth mindset.

Having a growth mindset helps children build confidence, contributes to a positive self-image, and is an attribute of those described as resilient. Armed with a growth mindset, as opposed to a fixed mindset, children (and adults) persevere when challenged, see mistakes as opportunities, and are willing to accept help when needed. So how do we help our kids develop growth mindsets? A good place to start is focusing our attention (and theirs) on the process of learning rather than the outcome. While outcomes are very important, helping students celebrate the steps that lead to success, or reflect on what they can do differently, shapes future behavior. Try giving your student *process praise* which may sound like:

*"I'm impressed with how you tackled that project! I know it can be hard to get started but doing a little bit each day really helped you finish on time!"*

Or when things haven't gone as well as they could, try asking process oriented reflective questions like:

*"I know you were frustrated today because you didn't make your foul shots. What can you do this week to be ready for next week's game? Who could you ask for help?"*



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## Nursing Notes

Parents/guardians must bring in their student's medications and accompanying physician's orders to the nurse, as this is the school's policy. **No student is permitted to bring in medications.** Medication order forms can be found on the nurse's website.

Should your child be ill or late to school for any reason, **the parent or guardian must** call the school's absentee health line to report the absence. The number is 732-786-0950 then follow the prompts.

Thank you for your cooperation,

Lori Blazier

School Nurse


lblazier@millstone.k12.nj.us

## Spotlight on....

### One Book One School

We are very excited to launch our 2nd annual **one book one school** initiative in preparation for our upcoming author visit with Sarah Weeks on February 5th.

Thanks to our PTO, all students received a copy of Save me a Seat. Over the next several weeks, we will engage in a shared reading experience as a school community. Teachers will read chapters aloud and students will be able to follow along in their own book. We hope you ask your child about what they are reading and jump into the conversation with us! A very special thank you to Mrs. Colleen Henkin and Mrs. Nicole Fillippone for their dedication to our one book one school initiative. We also wish to thank our PTO for their continued support. Their generosity has allowed us to fund this exciting opportunity for students!



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## Ask Your Student About This Month's Character Virtue...

January's Character Virtue...

### **Persistence**

Each month the Elementary School will adopt and celebrate a different character virtue through read aloud, class discussions, and everyday reminders!

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